

# TUSH PUSH

Count: 40 Wall: 4 Level: Beginner / Intermediate

Choreographer: Jim Ferrazzano

Music: Chattahoochee by Alan Jackson



## alt. Music:

**Third Rock From The Sun by Neal McCoy**

**Six Days On The Road by Sawyer Brown**

## RIGHT HEEL TAPS

1-4 Touch right heel forward, touch right together, touch right heel forward, touch right heel forward  
& Step right together

## LEFT HEEL TAPS

5-8 Touch left heel forward, touch left together, touch left heel forward, touch left heel forward  
& Step left together

## RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP

9& Touch right heel forward, step right together  
10& Touch left heel forward, step left together  
11-12 Touch right heel forward, clap

## BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE

13-14 Rock right in place and bump hips right, bump hips right  
15-16 Recover to left and bump hips left, bump hips left  
17-20 Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

## RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA

21&22 Step right forward, step left together, step right forward  
23-24 Rock left forward, recover to right  
25&26 Step left back, step right together, step left back  
27-28 Rock right back, recover to left

## RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND ½ TURN LEFT

29&30 Step right forward, step left together, step right forward  
31-32 Step left forward, turn ½ right (weight to right)  
33&34 Step left forward, step right together, step left forward  
35-36 Step right forward, turn ½ left (weight to left)

## RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.

37-38 Step right forward, turn ¼ left (weight to left)  
39-40 Stomp right together, clap

## REPEAT

### OPTION 1:

- 1-4 **Touch right heel forward 4 times**
- & Step right together
- 5-8 Touch left heel forward 4 times
- & Step left together

### OPTION 2:

- 1 Touch right heel forward
- 2 Touch right together
- 3-4 Touch right heel forward, touch right heel forward
- & Step right together
- 5-8 Repeat 1-4 with left foot

### OPTION 3:

- 1 Hop feet apart
- 2 Hop and cross right over left
- 3-4 Turn full turn to left
- 5-8 Repeat 1-4, either in the same or opposite direction

### OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)

- 1 Cross right over left
- &2 Step left to side, touch right heel forward
- &3 Drop right toe, step left over right
- &4 Step right to side, touch left heel forward
- &5 Drop left toe, step right over left
- &6 Step left to side, touch right heel forward
- &7 Drop right toe, step left over right
- &8 Step right to side, touch left heel forward

### OPTION 5: (QUARTER TURN, HALF TURN)

- 35-36 Step right forward, turn  $\frac{1}{4}$  left (weight to left)
- 37-38 Step right forward, turn  $\frac{1}{2}$  left (weight to left)

### OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)

- 37-40 Repeat 29-32
- 41-43 Step left to side, turn  $\frac{1}{4}$  right (weight to right)
- 43 Stomp left beside right
- 44 Clap