

# Meat and Potato Man

**Count:** 32    **Wall:** 4    **Level:** Absolute Beginner

**Choreographer:** Karen Tripp, April 2014

**Music:** Meat and Potato Man by Alan Jackson. Album: When Somebody Loves You (2:28 mins)

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**Wait 32 counts (start on lyrics), right lead**

## **[1-8]RIGHT VINE 3 WITH STOMP (no wt), TOE FANS**

- 1-4            Step side right, cross left behind, step side right, stomp left (no weight)  
5-8            Fan left toe to the left, back to center front, out to left, back to center front

## **[9-16]LEFT VINE 3 WITH STOMP (no wt), TOE FANS**

- 9-12           Step side left, cross right behind, step side left, stomp right (no weight)  
13-16          Fan right toe to the right, back to center front, out to right, back to center front

## **[17-24]FORWARD, POINT SIDE 4X**

- 17-18          Step forward on right, point left toe to left side  
19-20          Step forward on left, point right toe to right side  
21-22          Step forward on right, point left toe to left side  
23-24          Step forward on left, point right toe to right side

## **[25-32]JAZZ BOX ¼ RIGHT, 2 TOE STRUTS**

- 25-26          Cross right over left, step back on left  
27-28          Turn ¼ right and step right, step left together  
29-30          Step right toe forward, drop heel  
31-32          Step left toe forward, drop heel (3:00) \*\*

## **OPTIONAL ENDING**

**This dance has 7 repetitions plus 16 counts of the 8th repetition. For a special ending that will leave you facing 12:00 o'clock, the second time you do the Jazz Box at the 6:00 wall (Wall 7), turning to face the 9:00 wall, do the Two Toe Struts to turn facing 12:00. The dance will then finish after 16 counts (vines & fans) facing 12:00.**

**Choreographer:** Karen Tripp, Cranbrook, BC, Canada

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